

## Fit2dance studio bookings/Availability

### April 6<sup>th</sup> – May 15<sup>th</sup>

Hourly Rates available upon request

Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday
12:30-1:30pm Mom & Baby Sweat and Sculpt	9-10:15am Intro to Yoga	AVAILABLE from 6am-5pm	AVAILABLE from 6am – 6pm	10:30-11:30am Mom & Baby Groove	10-11:30am Dance Grooves	AVAILABLE ALL DAY!
AVAILABLE from 2-6pm	10:30-11:30am 80's Babies			11:45-1pm Yoga for Runners		
6-7pm Yoga Core	AVAILABLE from 12-6pm	6-7pm Prenatal Grooves (tent)	7-8pm Dance Grooves	AVAILABLE from 12-9pm	AVAILABLE from 2-6pm	
7-8pm Dance Grooves	6:30-7:30pm Dance Grooves	7-8pm Hip Hop Grooves				
8:15-9:15pm Power Groove	7:30-8:40pm Nia & Flow Motion Fitness	8:15-9:15pm Zumba	AVAILABLE from 8:15-9:30pm			